	Year 10 Summer Revision Checklist 2025	Before test	Before June exam
1.1	Define density and recall its units		
1.2	Explain why different objects have different densities		
1.3	Explain floating and sinking in terms of density		
1.4	Recall and use the density equation		
1.5	Describe and conduct an experiment to find the density of a liquid		
1.6	Graphically analyse experimental results to determine the relationship between mass and volume		
1.7	Describe and conduct an experiment to find the density of an irregular object		
1.8	Give examples of high and low pressure situations		
1.9	Define pressure and discuss how it can be increased/decreased		
1.10	Recall and use the equation for pressure		
1.11	Recall a mass of 1kg is equivalent to 10N		

1.12	 Complete an experiment to calculate a person's pressure 	
1.13	Discuss how pressure affects our everyday lives	
1.14	 Give examples of levers and what they are used for 	
1.15	 Recall the definition of moment 	
1.16	Use the equation for moment	
1.17	 Investigate the relationship between clockwise and anticlockwise moments 	
1.18	 Recall and apply the Principle of Moments 	
2.1	Define centre of gravity	
2.2	 Determine the centre of gravity for regular and irregular objects 	
2.3	 Explain how objects can be made more stable and the role centre of gravity plays in this 	
2.4	 Recall the names and definitions of the most common forces in our everyday lives 	
2.5	 Describe and explain the effect of balanced and unbalanced forces on objects 	

2.6	•	Define and calculate the resultant force acting on an object	
2.7	•	Design and conduct an experiment to investigate the relationship between force and extension of springs	
2.8	•	Recall Hooke's Law	
2.9	•	Recall and use the equation for Hooke's Law	
2.10	•	Recall and discuss the key points of a graph to represent Hooke's Law	
3.1	•	Define and categorise transverse and longitudinal waves	
3.2	•	Label crest, trough, compression and rarefaction on a wave diagram	
3.3	•	Define amplitude, wavelength and frequency	
3.4	•	Determine amplitude and wavelength from a wave diagram	
3.5	•	Calculate the frequency of a wave	
3.6	•	Recall and use the wave equation to find wavelength, wave speed or frequency	
3.7	•	Use standard form to represent large and small numbers	

3.8	 Use prefixes to represent large and small numbers 	
3.9	 Recall the electromagnetic spectrum in order of wavelength 	
3.10	 Give three common properties of all parts of the electromagnetic spectrum 	
3.11	 Recall and explain the uses and dangers of each part of the electromagnetic spectrum 	
4.1	 Describe the difference between heat and temperature, including units 	
4.2	 Recall that heat energy travels from hot to cold places 	
4.3	 Describe & explain the differences between conductors & insulators, including their uses 	
4.4	 Conduct an experiment to determine which materials are the best conductors 	
4.5	Define convection and describe how it takes place	
4.6	 Explain examples of convection in everyday situations 	
4.7	 Conduct an experiment to show convection in liquids 	
4.8	 Define infrared radiation and understand where it comes from 	
4.9	 Conduct an experiment to show which materials are good reflectors and absorbers of radiation 	

4.10	•	Give examples of good emitters/reflectors/absorbers of heat	
4.11	•	Explain how heat loss can be reduced in the home	
4.12	•	Label a diagram of the vacuum flask	
4.13	•	Discuss how its design minimises heat loss	
4.14	•	Design & conduct an experiment to show the shiny surface on the inside of the flask reflects heat	